



The following healthcare expenses qualify for reimbursement under your **take care** Flexible Benefit Plan.* Only healthcare expenses not reimbursed by insurance can be claimed.

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| Acupuncture (excluding remedies and treatments prescribed by acupuncturist) | Endodontist fees | Podiatrist fees |
| Alcoholism treatment | Eyeglasses prescribed by your doctor | Prescribed medicines |
| Ambulance | Eye examination fees | Psychiatric care |
| Artificial limbs/teeth | Eye surgery (cataracts, LASIK, etc.) | Psychologist and psychiatrist fees |
| Chiropractors | Hearing devices and batteries | Radiology |
| Christian Science practitioner's fees | Home health care | Routine physicals and other non-diagnostic services or treatments |
| Contact lenses and solutions | Hospital bills | Smoking cessation over-the-counter drugs |
| Co-payments (doctor, dental, vision, pharmacy) | Insulin | Smoking cessation programs |
| Costs for physical or mental illness confinement | Laboratory fees | Surgical fees |
| Crutches | Laser eye surgery | Weight loss over-the-counter drugs with doctor's letter of medical necessity |
| Deductibles | Office visits | Weight loss programs with a doctor's letter of medical necessity |
| Dental fees (cosmetic procedures not eligible) | Obstetrics and fertility | Wheelchair |
| Dentures | Oral surgery | Vitamins, with doctor's letter of medical necessity |
| Diagnostic fees | Orthodontic fees | X-rays and MRI |
| Dietary supplements and vitamins with doctor's letter of medical necessity | Orthopedic devices | |
| Drug and medical supplies (syringes, needles, etc.) | Osteopath fees | |
| | Over-the-counter drugs that are medically necessary like allergy medications, aspirin, or antacids. | |
| | Oxygen | |
| | Periodontist fees | |
| | Physician fees (cosmetic procedures not eligible) | |



Items requiring a physician's letter listing a medical condition making the item necessary.*

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| Bedpans and ring cushions | Multivitamins | Special teeth cleaning system |
| Boost®/Pediasure® | Oxygen | Therapeutic support gloves |
| Foot Spa | Reconstructive surgery in connection with birth defect, disease, or accident. | Vitamins |
| Herbs | Special supplements | Weight loss programs and fees pertaining to a specific disease |
| Massagers | Special school for disabled child | Wigs for hair loss caused by disease |
| Massages | | |
| Minerals | | |

Healthcare expenses that do not qualify for reimbursement under an FSA plan.*

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| Cosmetic surgery, procedures, and/or medications | Marriage and family counseling | Mail order prescriptions from another country |
| Dental bleaching | Over-the-counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician | Premiums you or your spouse pay for insurance coverage (Payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan.) |
| Hair restoration (procedures, drugs, or medications) | Weight loss programs for general health or appearance | |
| Health club or gym memberships for general health | | |

*Plan restrictions may apply. Check with your plan administrator.



Accepted Over-The-Counter (OTC) items.*

Antiseptics	Diabetic syringes	Personal Test Kits
Antiseptic wash or ointment for cuts or scrapes	Diabetic test strips	Cholesterol tests
Antiseptic mouthwash	Glucose meters	Colorectal cancer screening tests
Benzocaine swabs	Glucose tablets	Home drug tests
Boric acid powder	Ear/Eye Care	Ovulation indicators
First aid wipes	Airplane ear protection	Pregnancy tests
Hydrogen peroxide	Ear drops for swimmers	Skin Care
Iodine tincture	Ear water-drying aid	Acne medications
Rubbing alcohol	Earwax removal drops	Anti-itch lotion
Sublimed sulfur powder	Homeopathic earache tablets	Bunion and blister treatments
Asthma Medications	Contact lens solutions	Cold sore and fever blister medications
Bronchodilator/Expectorant tablets	Health Aids	Corn and callus removal medications
Bronchial asthma inhalers	Anti-fungal treatments	Diaper rash ointment
Cold, Flu, and Allergy Medications	Denture adhesives	Eczema cream
Allergy medications	Diuretics and water pills	Medicated bath products
Cold relief (liquid, tablets, or drops)	Hemorrhoid relief	Wart removal medications
Cough relief (liquid, tablets, or drops)	Lice control	Stomach Care
Flu relief (liquid, tablets, or drops)	Medicated bandages	Acid reducers
Homeopathic sinus medications	Motion sickness tablets	Antacid gum
Medicated chest rub	Respiratory stimulant ammonia	Antacid liquid
Nasal decongestant (drops, inhaler, spray, or strips)	Sleeping aids	Antacid tablets
Sinus & allergy nasal spray	Pain Relief	Anti-diarrhea medications
Sinus medications	Arthritis pain reliever	Gas prevention (liquid, tablets, or drops)
Vapor patch cough suppressant	Bunion and blister treatments	Ipecac syrup
Diabetes	Itch relief	Laxatives
Diabetic lancets	Orajel®	Pinworm treatment
Diabetic needles	Pain relievers, aspirin and non-aspirin	Prilosec®
Diabetic supplies	Throat pain medications	Upset stomach medications

OTC items requiring a physician's letter listing a medical condition making the item necessary.*

Adhesive or elastic bandages	Herbs	Saline nose drops
Blood pressure meter	Incontinence supplies	Special supplements
Cold or hot compresses	Leg or arm braces	Special teeth cleaning system
Eye drops	Massages	Thermometers
Foot spa	Massagers	Vitamins
Gauze and tape	Minerals	
Gloves and masks	Multivitamins	

OTC items that do not qualify for reimbursement under an FSA plan.*

Aromatherapy	Deodorants	Mouthwash
Baby bottles and cups	Facial care	Oral care
Baby oil	Feminine care fragrances or facial care products	Petroleum jelly
Baby wipes	Feminine hygiene products	Shampoo and conditioner
Blistex®/Chapstick®	Hair regrowth	Skin care
Breast enhancement system	Insoles	Spa salts
Cosmetics	Low "carb" foods	Sun clips
Cotton swabs	Low calorie foods	Sun tanning products
Dental floss		Toothbrushes

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